

Clinic Description:

The clinic is designed to teach the fundamentals of the game and provide kids with an opportunity for competitive play. Throughout the day players will take part in fundamental drill stations, full-court games, and participate in shooting competitions.

Players will be placed in age and skill appropriate groups. They will move from session to session in these groups.

- Senior Division (8-10th Grade)
- Junior Division (6-7th Grade)
- Sophomore Division (4-5th Grade)
- Rookie Division (1-3rd Grade)

Camp Cost:

The cost for the four day clinic is \$150.00 per player. There are sibling discounts available.

- \$100 for 2nd Sibling
- \$80 for additional Siblings

Registration:

Registrations and payment can be sent to the following address. Any checks should be made out to "Leicester Basketball Clinic".

MICHAEL LYNCH  
488 MARSHALL STREET  
LEICESTER, MA 10524

Note:

The clinic is *not* a Leicester Public Schools-sponsored event. It is run by Coach Lynch, who has eighteen years of experience as a coach at the High School coach and teacher.



2022

# LEICESTER BASKETBALL CLINIC

**DATES:** JULY 11-14

**LOCATION:** LEICESTER HIGH SCHOOL

**TIME:** 8:30 AM - 2:00 PM

**GRADES:** COED, ENTERING GRADES 1-10

**COST:** \$150

**EMAIL:** MFLYNCH21@YAHOO.COM

**WEBSITE:**

[WWW.COACHLYNCHBASKETBALL.COM](http://WWW.COACHLYNCHBASKETBALL.COM)

# FAQ'S

## **Who are the coaches?**

The Coaches at the clinic are all teachers with both playing and coaching experience. Former and current LHS basketball players also help run drills and run the clinic.

## **Where do we register?**

Registration forms can be mailed to the contact information below and checks for the camp should be made out to *Leicester Basketball Clinic*.

## **When does registration end?**

We encourage campers to register ASAP to help with preparation, but we will accept registrations up until the first day of the camp. Campers should be aware that T-shirts may not be available for those campers who register on the first day.

## **Do we need to pack a lunch?**

Campers will need to pack their own lunch. There is a designated snack and lunch time built into the schedule each day. There will be water provided all day and Gatorade sold each day as well.

## **Where is pick up and drop off?**

Both pick up and drop off will take place at the Leicester High School gymnasium.

# DAILY SCHEDULE

We will adjust the schedule to add some variety throughout the week but generally follow a similar format each day.

8:00 - 8:30 - Arrival and Shoot-Around

8:30 - 9:00 - Stretch & Camp Drill

9:00 - 9:40 - Session 1 - Skill Stations

9:50 - 10:30 - Session 2 - SSGs

10:40 - 11:30 - Session 3 - Games

11:30 - 12:00 - Lunch

12:00 - 12:15 - Free Shoot

12:15 - 1:00 - Session 4 - Shooting Comps

1:00 - 1:50 - Session 5 - Games

1:50 - 2:00 - Stretching Lines/ Dismissal

## **Notes:**

Each day we play at least two competitive games, conduct skill building stations, and take part in shooting competitions.

There will be a short awards ceremony on Thursday at 1:45 pm where we conduct the camp drill and give out a few awards.

